

# Our Voices, Our Community

North Hollywood/Valley Village COS Newsletter • September 2020 • Volume 4

**Connecting The Community Through  
Collaboration, Communication, and Coordinated Supports**

Website: <https://bit.ly/nohovvcos>

## Welcome!

**Maria Nichols**  
NoHo / Valley Village  
COS Administrator

**Dr. Rafael Gaeta**  
NoHo / Valley Village  
Lead Director

**Jose Castelo**  
NoHo/Valley Village  
Operations Coordinator

## In This Issue:

- COVID-19 Update
  - ◆ Return-to-school plan
- Cold, Flu or Covid-19?
- Student Spotlight
- Parent Workshops
- Special Education
- Instructional Updates
- Positive Behavior
- Reading Corner
- Contact Us

## NoHo/Valley Village Community of Schools: Greetings from Maria Nichols

Dear Esteemed Families,

On September 15, 2020, the Board of Education unanimously approved recognizing Latino Heritage Month from September 15 to October 15. The month includes a special celebration and recognition of the historic and cultural contributions of the Latino community, while also acknowledging their influence on politics, the economy and their social and cultural life throughout the United States.

I am proud to be a child of Peruvian immigrants and a first-generation college graduate. I am proud to celebrate my heritage, my strong roots of family and love, relentless hard work and struggles. My hope is that every one of our students celebrates who they are and their cultures and traditions. For more than 73% of Los Angeles students, this month provides an opportunity to learn more about who they are and where they come from and explore where their dreams will take them.

Diversity is one of our greatest strengths and gifts in Los Angeles and throughout our nation. Commemorating Latino Heritage month is an opportunity to reflect upon the rich history and experiences of many of our students and families. Let's join together to honor and celebrate the vibrant Latinx culture.

Sincerely,

Maria



# LAUSD Return-to-School Plan



Until the case rate in the area is significantly lower, do not expect to see a decision about a return to school classrooms by students. What we are doing to prepare for their eventual safe return is more important than when students might return.

Our return-to-school plan has 3 main parts: state-of-the-art health practices at schools, COVID-19 testing for students, staff and family members, and the ability to notify and isolate any members of the school community who may have come in contact with the virus.

The health practices are in place. Classrooms and facilities are electrostatically cleaned top to bottom, air filtration systems have been upgraded with the equivalent of N-95 membranes, personal protective equipment is provided to all individuals at a campus and classrooms and facilities have been reconfigured to keep all at a school a safer distance apart. When students do return to school, they'll be kept in small cohorts to reduce the risk of spreading the virus. As we learn of other ways to enhance these health practices, we'll incorporate them as quickly as possible.

Austin Beutner, LAUSD Superintendent

## A New Standard in Public Education



## Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



## Is it the flu, a cold or COVID-19?

With COVID-19 in the mix, this year's cold and flu season could prove interesting. For starters, every throat tickle and sneeze might make you anxious. Are you coming down with a cold? The flu? Could it be COVID-19? UCLA Health's clinical chief of infectious diseases, [Daniel Uslan, MD, MBA](#), shares how to tell the difference.

### A COLD?:

Upper respiratory infection

- Nasal Congestion
- Sore Throat
- Cough



### THE FLU?:

Viral respiratory infection

- Fever above 100.4 F
- Chills
- Muscle Aches
- Headaches
- Cough
- Sore Throat
- Stuffy/Runny Nose
- Difficulty Breathing

### COVID-19?:

New strand of respiratory virus

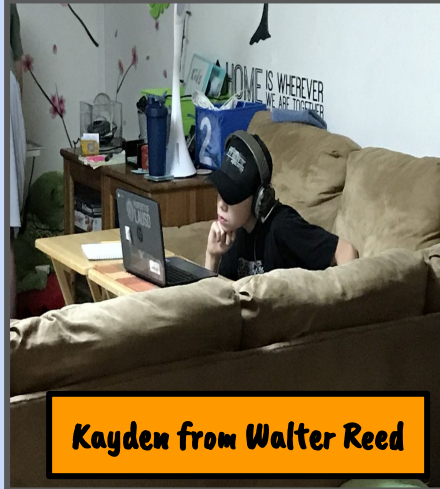
- Fever above 100.4 F
- Chills
- Muscle Aches
- Headaches
- Cough
- Sore Throat
- Stuffy/Runny Nose
- Difficulty Breathing
- Loss of taste/smell



## Engaged & Continuing to Learn



**Ethan from Rio Vista ES**



**Kayden from Walter Reed**



**Sally from North Hollywood HS**



**Sally and Tess, NHHS & Reed MS: Learning at Home!**



**Miles at Rio Vista's Hidden Garden**



**Sasha, Ethan, Miles & Kaya, Rio Vista ES: Playing it Safe!**



**Tess, Walter Reed Middle**



**Miles, Rio Vista ES: Getting Creative!**



**NHHS & Reed MS**



**Ethan, RVES: Art for Art's Sake!**



# Exploring Parent Portal - One Icon at a Time



Parent  
Portal

Next

Log in and  
click on your  
child's name

Go to: [parentportal.lausd.net](https://parentportal.lausd.net)

Click on an icon to get detailed, general, and specific information!



Next

[Click here for attendance details.](#)

September 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
	21	22	23	24	25	
27	28	29	30			

See  
details

red = absent

yellow = tardy

**LCAP Study Group  
for Parents**

**Special Education  
Workshop**

**Apply to College  
Workshop**

(click on the flyer for details)

Los Angeles Unified School District  
Office of Parent and Community Services and  
Local District Northeast

**Local Control and  
Accountability Plan  
(LCAP)  
Study Group  
2020 - 2021**

The LCAP Study Group purpose is to:

- Build understanding about the LCAP with Local District parent leaders
- Capture parent feedback about LCAP programs and funding
- Provide parents with opportunities to serve on the District-level Parent Advisory Committee

**Please join us! All parents are welcomed and encouraged to participate.**

**Zoom ID: 296 006 6839  
Password: 2018**

**Meeting Dates:**  
#1: Orientation  
Wednesday, September 30, 2020  
Time: 2:30 p.m.

**Election Meeting**  
Thursday, October 15, 2020  
Time: 2:30 p.m.

#2:  
Wednesday, October 28, 2020  
Time: 2:30 p.m.

#3:  
Wednesday, December 9, 2020  
Time: 2:30 p.m.

#4:  
Wednesday, February 24, 2021  
Time: 2:30 p.m.

#5:  
Wednesday, April 7, 2021  
Time: 2:30 p.m.

*The School is the Heart of the Community  
La Escuela es el Corazón de la Comunidad*

**REVISED - NEW DATE**

**Special Education Service Center  
Northeast**

**PLEASE JOIN US**

**Local District Northeast  
Special Education  
Parent Information Webinar**

**REVISED - NEW DATE**  
Tuesday, October 6, 2020  
3:00PM- 4:00PM

Webinar Code:  
991 0626 4115

**SCOTT M. SCHMERELSON**  
LAUSD BOARD DISTRICT 3

**ASSEMBLY MEMBER  
Jesse Gabriel**

**INVITE  
HIGH SCHOOL SENIORS & PARENTS**

**Applying to College:  
COVID-19 EDITION**

**Wed. 9/30 4-5:30 PM**

**LEARN MORE AND REGISTER:  
[bit.ly/2RA5xyE](https://bit.ly/2RA5xyE)**

**SPANISH & ASL INTERPRETATION AVAILABLE**

# Division of Special Education



Resources for Parents of Students with Disabilities  
Recursos Para Padres de Alumnos Con Discapacidades

The Division of Special Education has a frequently updated web page, in Spanish and English, with supplemental resources to support your child's distance learning experience. This web page features instructional resources, information about related services and early childhood special education, an informational video about virtual IEP meetings, and links to other websites with resources and information for families of children with disabilities. Please visit this helpful web page at:

**LAUSD Special Education COVID Website:** <https://achieve.lausd.net/sped>

## LAUSD Special Education Website:

For important "Back to School" information from the Division of Special Education visit:

<https://bit.ly/BacktoSchoolLAUSDSPed>

## How to Support Online Learning at Home:

**Understood.org** is a website devoted to providing resources and support for those who learn "differently".

There are many resources for families to investigate, research, and utilize both throughout the year and during this time of remote learning. Topics specific to distance learning and the new school year include:

"Distance Learning: Start Strong with These Back-to-School Resources for Families and Educators"

"Supporting Kids' Mental Health as They Go Back to School"

"Back-to-School Concerns About Your Child: How to Act on Them"

"How to Talk About the Coronavirus with Kids"

"7 Examples of Focus Wins When Your Child Is Learning at Home"

*Please take some time to explore the website and to find what else **Understood.org** has to offer. There is much to learn and to discover.*

## Virtual IEP Support:

### Tutorial on Signing IEP Documents Using a Chromebook

This video will show parents how to log onto to an IEP Zoom meeting using web browser instead of the Zoom App on the Chromebook device. This is the only way to...

Vimeo.com

Link to Video: <https://vimeo.com/423358769>



**Special Ed. Service Center Northeast**  
**Social Media:**  
**Join us on Twitter for additional updates**



**@LDNortheastSped**

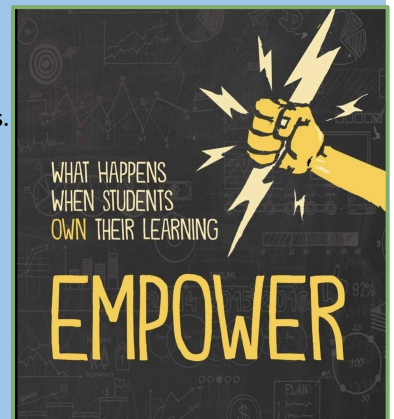
*The School is the Heart of the  
Community*



# Positive Behavior & Support

It's PROGRESS REPORT time! Progress reports are an important tool for parents to check in and gauge their child's advancement through distance learning. Hopefully, your students are comfortable with their school schedules, class expectations, and are clear on their personal academic goals for this semester. Supportive strategies like habits of mind can empower students to try their best without letting the fear of failure stand in their way. This week's habit of mind is "growth mindset" which is the belief that you can change your brain and learn anything. All of us face challenges that seem overwhelming because our progress appears to have slowed to a standstill. It is during these times where you can help your children with a "[growth mindset](#)" by continuing to reiterate that "for success, attitude is as important as ability." Students are encouraged to strive for a "growth mindset" attitude that will help carry them through setbacks and perceived roadblocks and, ultimately, help them be successful in their studies.

In honor of National Hispanic Heritage Month (Sept. 15 through Oct. 15), we invite you to read 26 [perseverance-inspired quotes](#) from Latina leaders. Using growth mindset, we empower our students to have the courage to make positive changes, nurture lifetime goals as early as they are conceived, and strengthen the community by encouraging our students to communicate with respect for love of others and self. Americans with [Hispanic, Latino, or Latinx heritage](#) who are inspiring examples of these values include Supreme Court Justice [Sonia Sotomayor](#) and civil rights leader [Cesar Chavez](#). "Only those who risk going too far can possibly find out how far they can go." ~ T.S. Eliot



## Restorative Practices Resources

Self-care also includes setting positive intentions at the beginning of every day. Try a 5-minute guided meditation of [positive affirmations with Cassandra](#) on YouTube. Set your positive intentions and breathe.

September  
will focus  
on  
self-care.

Just checking  
in...

### Current Mood



\*Inhale  
Confidence.

\*\*Exhale  
Stress.

"Today my  
intention  
is..."

< Self-Care

Note to Self:  
Give yourself space to  
feel, time to breathe, and  
become your own source  
of soothing comfort.  
~Calm



# Instruction

LA Unified is providing supplemental digital learning tools for this school year. Some teachers are assigning students asynchronous work that include one or more of these tools. **Parents and caregivers** are able to access users guides, videos, and support information for each of these digital tools by clicking on the link below. Just click this link, select the parent button on the top right, and select from the list of digital tools on the page.

Please check out this link: <https://achieve.lausd.net/DigitalLearningTools>



## LA Unified

### 2020 - 2021 Supplemental Digital Learning Tools

LA Unified will be providing supplemental digital learning tools for the 2020-2021 school year to assist with distance learning. These resources are in addition to the adopted digital core instructional applications available through Schoology.

	EEC	ES	MS	HS
Amplify Reading (ELA)		✓		
BrainPOP (All Content)	✓	✓	✓	
Discovery (All Content)	✓	✓	✓	✓
Kami (All Content)			✓	✓
EdPuzzle (All Content)	✓	✓	✓	✓
Edgenuity		✓	✓	✓
IXL (Math/ELA)		✓	✓	✓
Labster (Science)				✓
Nearpod (All Content)	✓	✓	✓	✓
Newsela (All Content)		✓	✓	✓
Reading Horizon (iELD-ELA)		✓	✓	✓
Renaissance (ELA/Math)			✓	✓
Rosetta Stone (ELD/DLE)		✓	✓	✓
Screencastify (All Content <small>Teachers only</small> )			✓	✓
Smart Music (Music)		✓	✓	✓
Soundtrap (All Content)			✓	✓
Seesaw (All Content)	✓	PK-3		
Zearn (Math)		✓	✓	

Teachers and staff will be able to install these new apps through the **LMS App Center** at <https://achieve.lausd.net/LMSAppCenter> and under the Schoology waffle icon.

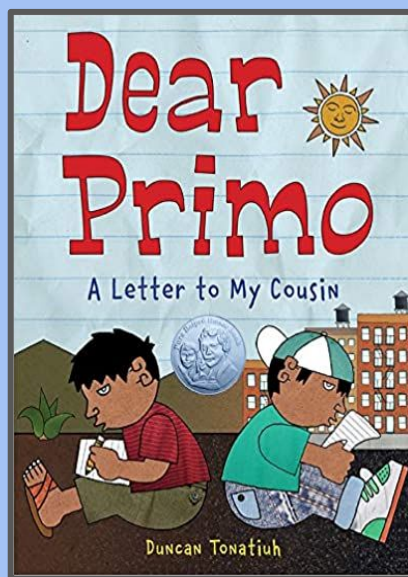


Additionally, staff, students, and parents will be able to access user guides, videos, webinars, professional development opportunities, and/or support information at <https://achieve.lausd.net/DigitalLearningTools>.

# The Reading Corner

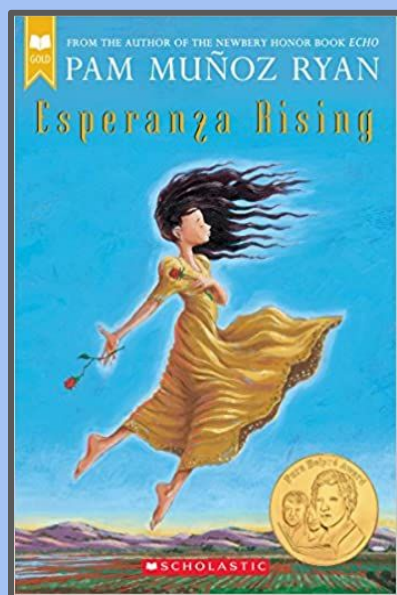
Tips for making Reading Fun!

- Read Out Loud
- Act out the Story
- Create a Reading Space
- Listen to Audio Books
- Have "Reading Hour"
- Let your Child Choose
- Pick the Right Books



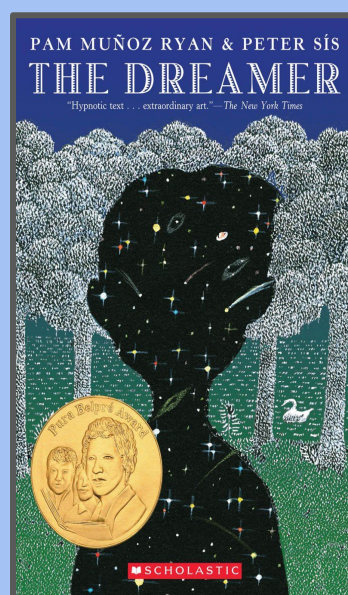
## ELEMENTARY

Letters between two cousins who have never met reveal all they have in common even though one lives in an American city and the other on a Mexican farm.



## Middle School

Esperanza believed her life would be wonderful forever. She would always have a beautiful home filled with servants. But a sudden tragedy shatters her world and Esperanza and Mama flee to California where they settle in a camp for Mexican farm workers.



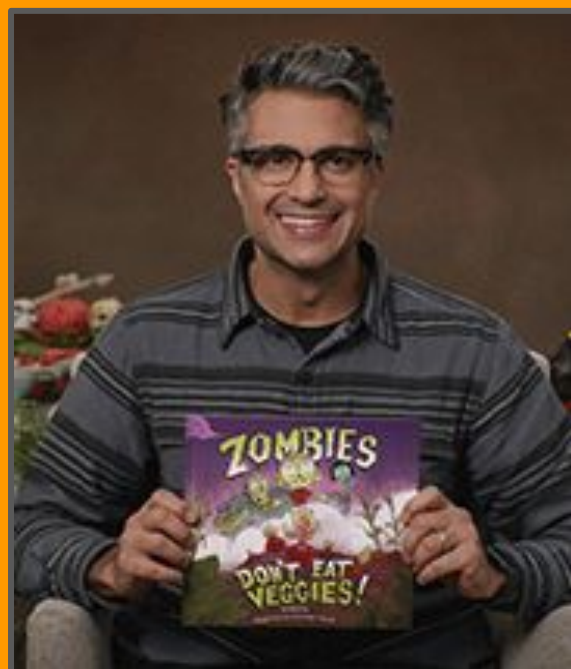
## High School

From the time he is a young boy, Neftali hears the call of a mysterious voice. When the children taunt him, when his father ridicules him, when he doubts himself. Neftali knows he cannot ignore the call.

# Storyline Online

<https://www.storylineonline.net/library>

Storyline streams videos featuring celebrated actors reading children's books aiming to strengthen comprehension, plus verbal and written skills for English language learners!



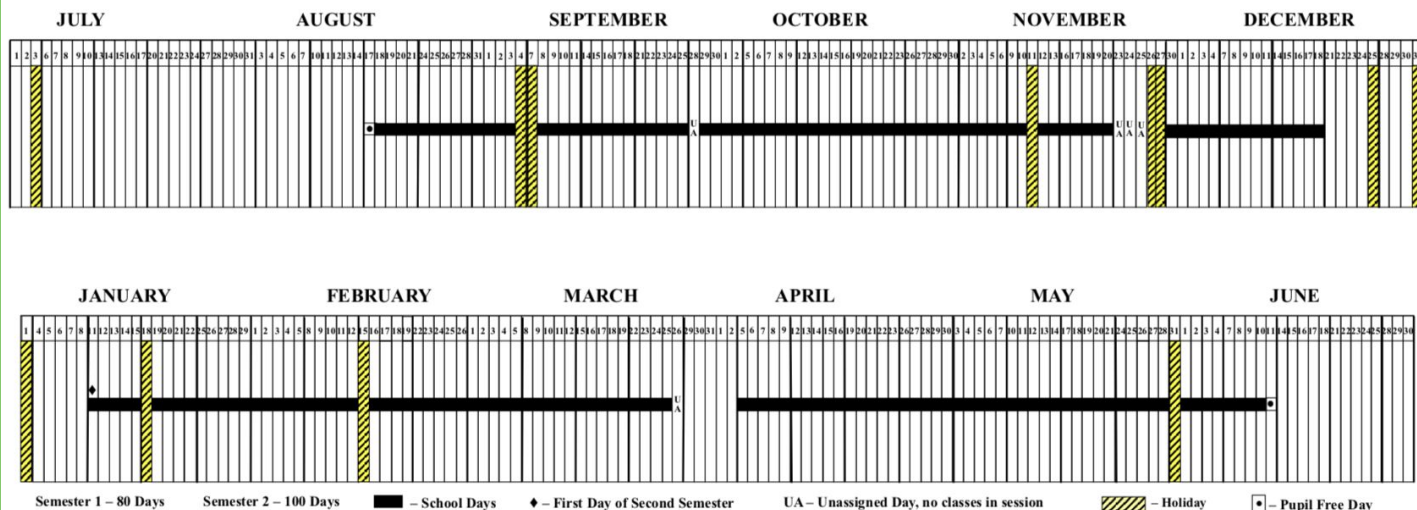


Pupil Free Days  
 Monday, August 17, 2020  
 Friday, June 11, 2021  
 \* If a school selects Monday,  
 January 11, 2021, as a Pupil  
 Free Day, then Friday,  
 June 11, 2021, becomes an  
 Instructional Day



Board Approved  
 December 12, 2017

# LOS ANGELES UNIFIED SCHOOL DISTRICT SINGLE TRACK INSTRUCTIONAL SCHOOL CALENDAR 2020-2021



## IMPORTANT DATES:

07-03-2020	Independence Day Observed	11-26 & 11-27-2020	Thanksgiving Holiday	03-26-2021	Cesar E. Chavez
08-18-2020	First Day of Instruction	12-21-2020 thru 01-08-2021	Winter Recess		Birthday Observed
09-04-2020	Admission Day	♦ 01-11-2021	Second Semester Begins	03-29 thru 04-02-2021	Spring Recess
09-07-2020	Labor Day	01-18-2021	Dr. Martin L. King, Jr.'s Birthday	05-31-2021	Memorial Day
11-11-2020	Veterans Day	02-15-2021	Presidents' Day	*06-10-2021	Last Day of Instruction

## Contact Us

### Community of Schools Administrative Office:

Lankershim ES  
 5250 Bakman Avenue  
 North Hollywood, CA 91601  
 Ph: (818) 252-5400



Connecting Communities through  
 Collaboration, Communication, and  
 Coordinated Supports

## Social Media Connection:



Facebook: Nohovalleyvillage Cos



Twitter: @NOHOValleyViCOS

Website: <https://bit.ly/nohovvcos>



Instagram: nohovalleyvicos

“

We need to help students and  
 parents cherish and preserve the  
 ethnic and cultural diversity that  
 nourishes and strengthens this  
 community - and this nation.

CÉSAR CHÁVEZ