

**Daily Schedule - PAL Program**  
**Learning at Home**  
**Mrs. Ruiz-Suarez**

- **Zoom Meetings: Monday, Wednesday and Friday 11:00am-11:30am**  
**For Music/Movement & Read-A-Loud**
- **Weekly Lessons plans will be posted Friday night on Class Dojo App**
- **Daily Lesson Plans and video clips will be posted on Class Dojo in Classroom Stories**
- **Office Hours: 9:00am-12:00pm**  
**Available through email and Class Dojo app**

<b>TIME</b>	<b>ACTIVITY</b>
30 mins	<b>INDEPENDENT WORK (Parents and Students)</b> <b>Video Clip on Class Dojo</b> Morning Greetings Question of the Day Instructions on small group activities
30-60 mins	<b>INDOOR LEARNING OPTIONS</b> Parents and Students are welcomed to complete option 1 or option 2. <i>Optional: Submit a video of them completing the activity</i>
30 mins	<b>INDOOR STRUCTURED MOVEMENT BREAK</b> Yoga, Warm-up Exercises, Trampoline, Dance Party
20-30 mins	<b>MUSIC &amp; MOVEMENT/READ ALOUD</b> <b>SMALL GROUPS</b> M, W, F – Zoom Meetings                      T, TH – Zoom Meetings T, TH – Video Clip
20-30 mins	<b>SCREEN TIME</b> <b>SMALL GROUPS</b> YouTube: VIDEO of the Day                      M, W, F – Zoom Meetings Starfall or ABC Mouse
30-60 mins	<b>LUNCH</b>
45-60 mins	<b>OUTDOOR LEARNING CENTERS</b> Sand/Water Table, Tricycles Paint Easels, Legos/Blocks Playdough, Transportation