

Daily Schedule PAL Program

Virtual Learning

Ms. Elizabeth

- *Large Group Zoom meeting: Monday, Wednesday and Thursday at 10:15 AM for social interaction and Read-A-Loud.*
- *Weekly Lesson plans will be sent by email by Sunday evening.*
- *Office Hours: 8:00 AM-3:00 PM through email and Classdojo.*

Length of time

Activity

30 minutes

Morning Routine with Parents and students

- Eat breakfast
- Use the Restroom
- Morning Greetings (at school we say good morning and they can share anything they wish).
- Going over their name

30-60 minutes

Indoor learning Activities

- Parents and students do activity/activities on lesson plan

20 minutes

Music and movement

- Parents and students can have a dance party or child yoga!

20-30 minutes

Screen time

- Group zoom meeting Monday, Wednesdays and Thursday at 10:15 AM
- Small Group meetings scheduled throughout the week M-F.

30 minutes

Outdoor Learning Centers

- Bubbles
- Sand/Water Table
- Running

30 minutes

Lunch